## student serenity project



## Students who feel good is what it's all about.

SSP is a series of 4 highly integrated programs to support teachers, parents and students to allow students to feel **good**. (today)

The main focus of these programs is based on the practical...

## thought sharing solution<sup>™</sup>

which includes easy to use, proven life changing strategies such as **Serenity Sendoff, Forever Feelings, Fall Away Feelings, The Thought Thermometer, Travelling Touchdown Thoughts and Serenity Seed System.** 

The **SSP** will support and encourage your children by raising awareness through these programs, which are designed for students, parents and teachers. Enjoy!

🙋 student serenity show™

Student Serenity Magazine Life Coaching (students, parents and teachers) Awareness Bands

The programs are based on research and experiences by Aaron Pickup and his community, which are primarily focused on the following:

- 1. We have an inner guiding system, nature, and love languages that allows, empowers, and provides good feelings when emotional needs are fulfilled continuously.
- 2. Universal Principles will guide us to live through our highest Self.
- 3. By living through our highest Self, we increase our awareness and Emotional Intelligence (EQ); which creates expansion and growth within ourselves.

SSP programs are based on attracting and implementing knowledge based on the above criteria.

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<sup>\*</sup> Resources that support the SSP ideology come from many published books and journals from the scientific, philosophical, psychological and spiritual genres. Some of these include but are not limited to Power vs. Force by Dr. R. Hawkins, The Ten Principles for Success and Inner Peace and the Power of Intention by Dr. Wayne Dyer, The Four Agreements and The Fifth Agreement by Don Miguel Ruiz, The Vortex by Esther and Jerry Hicks, The Five Love Languages of Children by Gary Chapman PhD and Ross Campbell MD, The Child Whisperer by Carol Tuttle, Emotional Intelligence Interventions to Increase Student Success by Barbara Bond and Rose Manser and many more.